

# Guadalupe Free Clinic of Colonial Beach, Inc.

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GUADALUPEFREECLINIC.ORG

## NEWSLETTER

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Lent/Easter 2018

*Arlington Diocese Bishop Michael Burbidge's 2018 Lenten message, "How blessed are we that, in this sacred season, Jesus has given us three time-tested disciplines in the Gospel of Matthew to help us with the process of conversion: prayer, fasting and almsgiving." Please consider a donation to the GFC in the spirit of almsgiving, one of three traditional disciplines of the Lenten season.*

**Third Annual GFC 2018 Gala, newly named "The Roses of Castile Gala" was a huge SUCCESS!** Thanks to the leadership of co-chairs Susan Lang and Danielle Reeves and their team of volunteers, the Third Annual Gala was an unprecedented success, surpassing the last two year's fundraising efforts combined! Nearly 150 guests participated in this year's event on February 3 at our new venue, the Old Hickory Golf Club near Potomac Mills in Woodbridge, Virginia. Thank you, Susan, Danielle and all of our wonderful volunteers! Susan and Danielle will be stepping down as co-chairs for 2019. We're sorry to see them relinquish the helm, but they will continue to volunteer and support our new Chairperson, Marguerite Thompson. We welcome Marguerite and thank her for stepping up as our new Chairperson for the 2019 GFC Roses of Castile Gala.

**STAFF CHANGES:** Dr. Harold Bautista, a local Fredericksburg Plastic Surgeon, answered our Parish Bulletin call for medical volunteers. Dr. Bautista also brings his wife, Carolina and daughter Isabelle, as Spanish Interpreter and Receptionist. It's a three for one deal for which we are very grateful and appreciative. Greg Dilick, our former Executive Director, now Board Member, has agreed to become our Board Treasurer. His knowledge and expertise garnered over 12 years as Executive Director will add significant value to the GFC.

**GFC Pharmacy Technician Training Program:** The Pharm Tech Training program continues to grow and add significant value to the Clinic's pharmacy operations. We have four new "Pharm Tech" students starting a new training program in March 2018.

**Furniture Donations:** We are pleased to announce that Dr. Mark Johnson, Retina Group of Fredericksburg, will donate a large amount of office/medical furniture as his practice moves to a new location. The chairs, desks and cabinets are in excellent condition and will greatly enhance the efficiency and aesthetics of our clinic. Thank you Dr. Johnson for the medical specialty services you provide to our patients and now for your great furniture.

**SAVE THE DATE:** The 5th Annual Guadalupe Free Clinic Golf Classic will be held on Friday, August 3, 2018 at the Augustine Golf Club in Stafford, Virginia.

### **VISIT OUR WEBSITE AND FOLLOW US ON FACEBOOK FOR THE LATEST ON THE CLINIC:**

**<http://guadalupefreeclinic.org>** and **[FB Guadalupe Free Clinic of Colonial Beach](https://www.facebook.com/GuadalupeFreeClinic)**. The website has a new video, "GFC from Above", which uses a drone to capture video and there are interviews and photos of clinic volunteers in action, produced by Matthew Reeves. Explore how you can donate funds to the Clinic with your everyday shopping, at no additional cost, using **GFC Scrip Fundraising** at: **<http://guadalupefreeclinic.org/scrip>**.

### **OUR NEEDS AND COST OF CARE:**

\*Your prayers and donations (Our Average Cost of Care Per Month: Operating Expenses \$550; Diabetes Meds \$500; Cardiovascular Meds \$250; Medical/Office Supplies \$125; BP and Cholesterol Screening \$70)

\****pharmacists, pharmacist technicians, bi-lingual interpreters, eligibility coordinators, doctors and nurses are especially needed!*** Contact Lance Carrington at **[lcarrington@guadalupefreeclinic.org](mailto:lcarrington@guadalupefreeclinic.org)**.

**We are happy to provide charitable contribution end of the year statements for your tax purposes. Please make checks payable to: GFC OF CB, Inc.**